



## ~See it~

*Find a quiet place-your favorite place, & relax completely. Now with pen in hand:*

**My specific long-term goal for finding new employment is to:**

**What type of work am I doing and how do I feel as a person doing this?**

**What type of things am I enjoying in my free time away from this job?**

**Places, situations which I see myself achieving this goal are:**

**Specific work related actions I see myself doing are:**

**People I see with me in this situation include:**

**Amazingly great things I see and how do I feel in this situation?**